

The Channon Public School

Initiative, Integrity, Industry

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NEWSLETTER

Week 3 Term 4

25th October 2013

LIFE EDUCATION PROGRAM

On Thursday 31st October the Life Education Van will be visiting our school to run Health Education programs. All students will attend these programs. The cost is \$9.00 per student. Please return permission notes and money by Friday the 25th October 2013.

FROM MRS CANTRELL

Every time the 1/2 students come in from recess or lunch, we spend a few minutes practising mindfulness. We find our personal space, sit cross-legged and then I ring a small chime. When the chime has faded away we sit with our eyes closed and focus on quiet breathing. We do this for one minute, and then we calmly breathe in and out a few times, open our eyes and re-focus on our surroundings. We find that this creates a peaceful transition from the hurly burly of the playground to the more tranquil atmosphere of the classroom. It is wonderful to observe how every student participates, and how skilled they are becoming at controlling their meditation. I'm very, very proud of them!

INFANTRY INSERVICE DAY

On Thursday, fifteen teachers from local schools came to The Channon Public School to participate in Professional Learning about the latest research into how best to teach children literacy skills. It was a great day of collegial discourse and practical application. It was a great showcase for the huge commitment teachers in this area have to their student's, (your children's) learning. The Channon Public School is so lucky to have Scott and Sarah Osborne, who turned on an absolutely delicious vegetarian lunch for the day. Homemade haloumi and hummus, splashes of balsamic vinegar, pinenuts, baby rocket...I thought I was in an episode of Masterchef. All our guests went away so impressed! Scott and Sarah turned a good day into a great day, and we thank them so much!



THE CHANNON P&C WORKING BEE

Next Friday 1st November we will be having a working bee to rejuvenate our school garden and make it safe for students to use. The P&C will be putting on a barbeque afterwards. Your time and efforts are greatly appreciated.

BOOK CLUB

Parents please note that there is no obligation to buy from these catalogues. If any families do not wish to receive the book club brochures please let the school know. If anyone would like to order from the current issue handed out please return notes and money by next Tuesday 29th October – Thank you.

ACTIVE AFTER SCHOOLS

Next Friday the 1st November Active After Schools will commence. Notes were signed last term to cover this term. This term we are doing Touch Football and Golf.

Parents of our Kinder Orientation class please note that they will not be able to participate in this program as they are not covered by the Department of Sport. When your child enrolls next they will be able to participate in this program.

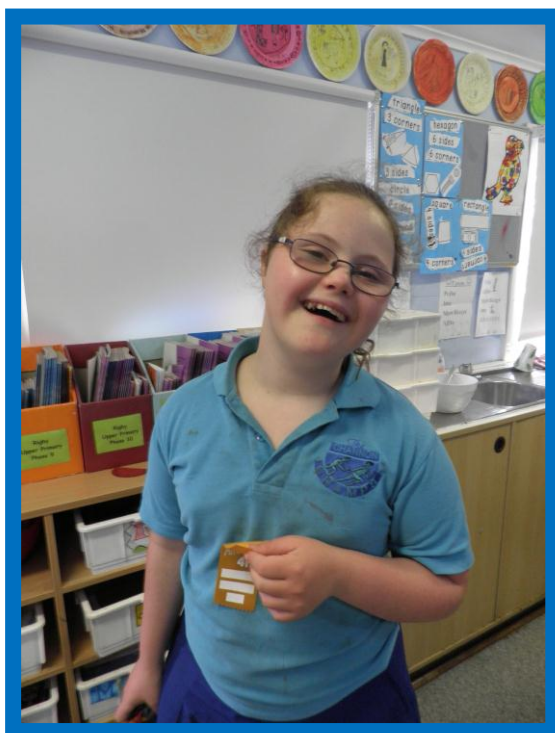
SHOWCASING THE SENIOR STUDENTS STORIES

Mrs Lord is will be teaching a writing unit called “Our Homes” to the students in Years 3/4/5/6. Stories written are able to be published on the Paperbark Tree website that has been created by a fellow teacher Amanda Doran. Please sign the permission note attached to this news letter and return to school next week. If you have any queries please see Mrs Lord at school.

LEADERS REPORT

The Special Swimming Scheme has been going all week and will continue on all next week. Don't Forget to bring in your notes because it's the Life Education Van on the 31st October. The Year 6 students will be going to the Platypus Day at Bexhill on Monday. On Thursday this week we had all the teachers from the Big Scrub Community of schools and First North Community of schools attend an In service Day here at our school.

Matthew, Luka, Scarlett



RUBY'S AWARD

Yesterday Ruby was presented a fourth place ribbon by Mrs Parker for Long Jump in the Zone Athletics which was held in Lismore last term. Well done Ruby! We are very proud of you!

WE HAD SO MUCH FUN AT LISMORE SHOW!



WE LOVED SEEING THE ANIMALS AT THE LISMORE SHOW!



THE SCIENCE SHOW WAS FASCINATING!



PEER READING



Important Dates:

Monday 28th October	Year 6 Platypus Excursion
Tuesday 29th October	Book Club Due
Thursday 31st October	Life Education Van – Healthy Harold
Friday 1st November	Last Day of Special Swimming Scheme Canteen Kinder 2014 Orientation Starts Active After Schools Starts The Channon P&C Working Bee 3pm- 5pm

CANTEEN

1st November 2013

Fixed Menu

Pies from \$3.50 and Sandwiches from \$2.00

Roster: Sarah Osborne, Laila O'Keefe

Cake Roster: Bronwyn McNulty, Jasmine Scheidler

Please send along a paper bag with your child's name, class and correct money if possible, inside.

Please remember to bring some fruit when on roster so there is enough morning tea for all the children.

Thanks Sarah

You are cordially invited to...



*The Channon Childrens Centre
Curry Night*

On Saturday 26th October

6pm

At The Channon Hall

Come along for a fun-filled night & enjoy a delicious two course meal, cabaret performances & the company of your family & friends. There will be delicious curries, delectable desserts, tasty chai, tea & coffee, & great local talent performing.

The cost is \$22 per person over 14, or \$50 for a family of four, & \$7 per extra child under 14. Preschool children are free.

The Local Children's Spring Show

I am proud to announce that fifteen of my piano & singing students are very excited
& are now rehearsing to display their musical talents at their

Bi-annual Spring Show at The Channon Hall

on

Wednesday 30th October from 5.30-7pm

Rena's multi-talented circus students will also be showcasing
their wide range of entertainment skills from dance, circus, singing & acting

ALL ARE WELCOME

Donations will be graciously accepted

There will be a hat at the door to cover the cost of the hall, posters &

Mish & Rena's hard work

We all hope to see you there!

I am always thrilled & in awe of the talent of the local children.

Thanks, Mish x