

FRIDAY, 9th OCTOBER, 2015.

# The Channon Public School

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## From The Principal

It was nice to see all students return from the school holidays with positive attitudes and a smile on their face. We welcome three new students this term; Manu (year 4), Sienna (Year 4) and Luke (Year 6). Manu is well known around The Channon, and Luke and Sienna have some well known family connections. As a result, this has increased our overall school enrolment to 49, up from 42 at the beginning of last term.

The holidays was a nice time to catch up with family. I spent the majority of the holidays in Brisbane. Naomi is about to complete round 6 and today marks her time in hospital as 5 months and 6 days. A long time. Piper is now 9 1/2 months and beginning to crawl and trying to talk. We hope that the treatment is working and that Naomi will gain some idea in the future of how many more rounds are to come. Thank you for your kind words of care and encouragement. I feel very much supported when I am at work and within the community.

We have another busy term ahead of us with our major excursion for years 4/6 in week 6, our swim school in week 10 and of course our end of year celebrations for year 6 along with the whole school concert. This term students will be attempting various assessments to mark their progress and a variety of results will be reflected in the semester two reports.

I hope that this term is as successful as the last and I am looking forward to working with the students, staff, parents and community to continue to move The Channon Public School forward.

**Stephen Manser**

**Principal**

## Early Drop-off and Late Pick-up by Car

The staff understands that there are occasions when parents need to leave home early for work and that parents sometimes get caught up of an afternoon, but we encourage you to discuss on-going early drop-offs and late pick-ups with us.

E.g. If there is/are a particular day/s when you need to drop your child/ren off to school early due to work or special circumstances, please let the school know.

There are some days when staff have arrived at school at 8am to find students already waiting out in the undercover area. I appreciate that some parents wait with their child/ren, but there are times when the students are not being supervised. Greg is employed as our cleaner and he is not responsible for providing supervision.

Please contact the school about early drop offs and late pick ups by car so we can ensure the safety of the students. Once again if it is a special circumstance, please contact me.

## New Bus

There have been a large number of students accessing the new Terania Creek bus run. Each morning and afternoon we have seen an average of about 18 students catching the new bus. I would like to thank the families who utilise this service for your cooperation during this change.

However, there is still some confusion over whether students are allowed to catch the 4:10pm bus with Noel. The new bus service was established to ensure students were being dropped off and picked up within the school supervision times of 8:30am and 3:30pm under Department of Education requirements, specifically relating to supervision.

Firstly, no students should be catching the old Terania Creek bus run with Noel of a morning unless there are special circumstances which have been communicated to the school.

Secondly, if a student is attending an after school community partnerships session on a Monday with David, Tuesday with JJ or Wednesday with Dennis, then yes, they are allowed to catch the late bus with Noel at 4:10pm as this is a program endorsed by the school. However, if we see that not many students are staying back to attend the after school activities, we may need to assess the future of the programs and perhaps look at programs being run by community members within school hours. All students staying back at school must participate in the activities rather than hoping that they will be able to do their own thing or play on a computer.

In addition, if students are participating in circus down at the hall with Rena and JJ, then yes, a student can still catch the bus from the hall with Noel, but this is an arrangement with the parents, Rena and the bus company, rather than the school. I have spoken to Cathy Quinn about this and she assures me that the circus kids wont be effected and Rena is aware of the new bus.

Next, if your child/ren attend music lessons of an afternoon with Mish and you require your child/ren to catch the late bus at 4:10pm, you need to let all parties know this. Unless the staff were still at school, it would be Mish's responsibility to ensure that the child/ren got picked up or got on the bus safely. I would also encourage parents to contact Cathy Quinn to let her know that a child needs to be picked up from the music lesson by Noel.

If you have any concerns or questions about the new bus, please contact Cathy Quinn.

### Before 8:30am and After 3:30pm

I urge all parents to contact the school if for any reason they need to drop the child/ren off early before 8:30am by car or pick up the child/ren late after 3:30pm by car.

I also encourage parents to let their child/ren know each morning the means in which they are getting home in the afternoon as each day we have some students not knowing and phone calls are being made.



## The Lismore Show

The whole school will be travelling by bus to the Lismore Show on Friday, 23 October, 2015. The cost is \$9.70 per student which covers bus and entry. This should be a wonderful day for the students where they will be viewing the 4 Pavilions, Reptile Display, Ashtons Circus and seeing the animals. All students need to be at school by 9am as the bus will be leaving by 9.15am. Parents please note there will be no supervision at school whilst on this excursion.

Students need to be in full school uniform, wear covered footwear and school hat. They will need to bring fruit, recess, lunch and a water bottle. Parents please note that no money is to be taken to the show by students. The bus will return by 3pm. Please return the permission note attached to this newsletter with money by Wednesday 21, October 2015.

## Lake Ainsworth Major Excursion

For parents of students who will be attending the Sport and Recreation school camp at Lake Ainsworth Sport and Recreation Centre from Monday, 9 November until Friday, 13 November, 2015. Prior to the camp all students must complete a Medical and Consent Form.

The information that Sport and Recreation needs about your child includes:

medical conditions

food related allergies

special diets

medication

emergency contact details.

Sport and Recreation needs you to complete this form on behalf of your child. The form is available online and is easy to complete. Once you submit the form it is sent directly to the Centre so the staff can prepare for your child's visit.

It is vital that you enter the following details to complete the online form:

Booking Number     0464394

Booking Start Date   8/11/2015

Booking Venue Lake Ainsworth Sport and Recreation Centre

Please complete the Medical and Consent Form at [sportandrecreation.nsw.gov.au/facilities/schools/medicalandconsentform](http://sportandrecreation.nsw.gov.au/facilities/schools/medicalandconsentform) by 19/10/2015.

Parents please note if you do not have access to the internet see Mr Manser at school and we will help you submit information from school.

The cost of this excursion is \$195.00 per student or \$300.00 per family. Payments need to be finalised by Friday, 6 November 2015. A reminder will be sent home a week prior to this date for outstanding payments.

## From Mrs Cantrell

It was a lovely break, but it's always good to be at the beginning of a new term. I am very lucky to have a student teacher working with me for the next few weeks. Miss Emily Wilson is in her second year at Southern Cross University, and she will be learning the practicalities of everyday teaching, preparing and delivering quality lessons and learning about classroom management.

This week we have been focussing on learning our times tables, practising counting forwards and back from a given number and some of the aspects of 'position'. I will also be concentrating on writing this term as well as lots of reading.

## School Uniform

We have placed an order for school shirts in sizes 14 and 16 they should arrive in 3 weeks. We will put a note in the newsletter when they arrive.

## Hats

The weather has certainly warmed up this week. All students must bring their hat to school each day. We have a 'no hat play in the shade policy.' We have broad brimmed hats for sale for \$8.00 at school. Please ensure that you label not only your child's hat but all clothing so that they are not easily misplaced.

## Book Club

Book Club went home this week. If you would like to purchase and books please return order form with money to school by Monday, 26 October, 2015.

## Library

Library was changed last term to Friday's please ensure that your child bring their library bag or and another bag such as a pillow case to protect the books if they are borrowing. Thankyou.



## Kindergarten 2016 Transition Program

We will be starting our Kindergarten 2016 Transition Program on Friday, 29th October from 9am until 1.30pm.

We will be holding a Parent Information Session on Thursday, 28th October from 2pm – 3pm. Please let this information be made available throughout the community. If you have any queries please contact Mr Manser at school on 66886236.

## Leaders Report

Welcome back to school everyone! I hope that you all had a great holiday and you are glad to be back at school. I would like to say a special welcome to Sienna and Luke who just started coming to this school this week.; and also Manu who started on the last week of term 3.

Today some Bunnings people were meant to visit our school and put up a new sports shed. Unfortunately this was once again postponed due to rain. It will now be held on Thursday, 22nd October. Dennis also came in and did paper mashe with us. Later in the Term we will be going to the Lismore Show which I am sure the students are looking forward to! That will be a great day. Also the 4/5/6 student's will be going on the Major Excursion in November. We are sure this will be a great experience and those students will have lots of fun! We hope you all have had an excellent first week of term and you have settled in well!

**Miriam**

### **TERM 4 2015**

#### Week 2

##### Monday 12th October

After School Workshop

##### Tuesday 13th October

After School Workshop

##### Wednesday 14th October

After School Workshop

#### Week 3

##### Monday 19th October

After School Workshop

##### Tuesday 20th October

After School Workshop

##### Wednesday 21st October

After School Workshop

##### Thursday 22nd October

RSPSA Pet Talk

Bunnings Day

##### Friday 23rd October

Lismore Show

### **Happy Birthday**

**Ayla-Mae**

**19.09.15**

**Kya**

**27.09.15**

**Tumahn**

**06.10.15**

**Hunter**

**06.10.15**

**Tameeka &  
Charlotte**

**8.10.15**





## Congratulations & Welcome



Public Speaking Competition



Welcome to Prac Student—Miss Emily Wilson



Welcome Luke & Sienna

## Online Homework Support

If your household has an internet connection and you are looking for ways to support your child/ren's learning at home, please refer to the following sites. Today I upgraded all students K/6 to reading eggs express, meaning it is iPad and Tablet friendly.

[www.mathletics.com.au](http://www.mathletics.com.au)

[www.readingeggs.com.au](http://www.readingeggs.com.au)

[www.spellodrome.com.au](http://www.spellodrome.com.au)

All students have username & password for these three sites.

[www.spellingcity.com](http://www.spellingcity.com) (The spelling words for 3/6 are updated weekly on this site)

## School and Community Announcements

MENTAL HEALTH MONTH 2015 - FACT SHEET

Value your Mind

Mental Health Month  
What is it all about?

Mental Health Month is celebrated each year in the month of October in NSW. This awareness month encourages all of us to think about our mental health and wellbeing, regardless of whether we may have a lived experience of mental illness or not. This month also gives us the opportunity to understand the importance of mental health in our everyday lives and encourages help seeking behaviours when needed.

In today's society, most of us face increasing commitments. Unfortunately, with so many commitments in our lives, our mental health & wellbeing can become less of a priority. This year, we are focusing on encouraging everyone to prioritise taking care of their mental health and wellbeing. Taking care of our mental health and wellbeing is just as important as our family, friends, physical health and work life commitments. Keeping this in mind, the theme for Mental Health Month 2015 is:

Value your Mind!

The main message of this theme is to prioritise our mental health and wellbeing just as much as we would to maintain our physical and social health. When we make our mental health a priority, we are actively practicing self-care, which is an important part of our daily life. Similar to being physically healthy, maintaining a healthy mind helps to prevent mental illness and other issues that can make daily living a struggle and it also allows for a positive lifestyle.

With each individual being unique, it is important to recognise that our mental health needs are diverse, as is the way each individual looks after their mental health and wellbeing.

While it may seem challenging at first, here are a few ways we suggest will help you better value your mind!

2015

 **mental health association nsw**  
Level 5, 80 William Street,  
Sydney NSW 2011  
Phone (02) 9239 6000  
Fax (02) 9339 6066  
promodm@mentalhealth.asn.au  
www.mentalhealth.asn.au

  
MENTALHEALTH.ASN.AU

www.mentalhealth.asn.au

 **Health NSW**  
Northern NSW  
Local Health District



**United Hospital Auxiliary  
Lismore Base Hospital**

**Fete Fundraiser**  
**10.00 am - 3.00 pm**  
**Saturday 31 October 2015**

**Pathology North / Mental Health Unit Car Park  
Lismore Base Hospital Campus  
Hunter Street Lismore**

**Junk Auction**

**Charity Fruit & Vegetable Auction**

**Lots of Children's Activities including :::  
Petting Zoo  
Jumping Castle  
Face Painting  
NRL Development Games  
Best Halloween Costume  
Best Carved Pumpkin**

**Bed Races**

**Stalls including .....**  
Books  
Plants  
Pre-Loved Clothing  
Christmas Goods  
Cakes  
Craft

**Entertainment**

**Food Court**

**and more...**



For further information please contact Lynne Weir or Diane Loza  
Telephone 6620 2354 or email [diane.loza@ncahs.health.nsw.gov.au](mailto:diane.loza@ncahs.health.nsw.gov.au)



# THE CHANNON PUBLIC SCHOOL



## 2016 KINDERGARTEN TRANSITION PROGRAM



**Music**



**Environment**



**Technology**



**Culture**

### Parent Information Session

Thursday, 29<sup>th</sup> October

2pm - 3pm

### Transition Dates

Friday, 30<sup>th</sup> October

9am - 1:30pm

Friday, 6<sup>th</sup> November

9am - 1:30pm

Friday, 13<sup>th</sup> November

9am - 3pm

Monday, 16<sup>th</sup> November

9am - 3pm



**Sport**



**Circus**



**Science**



**HSIE**



**Performance**



**Community**